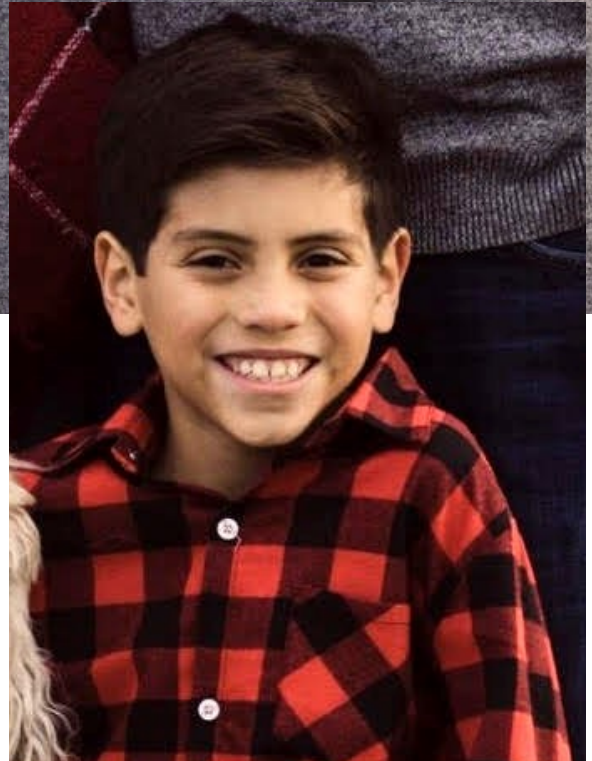


2019 ANNUAL REPORT



ARDEN SHORE
CHILD AND FAMILY SERVICES

Rebuilding Children's Lives Since 1898

Dear Friends,

We are honored to be a part of a community that wants to help all children reach their potential. Your generosity this year will be felt by parents who are practicing new coping strategies, teens who are developing more effective ways to manage daily pressures, and youngsters who are experiencing, *for the first time*, what it means to be in a loving home.

Our communities are experiencing crisis-level incidents of childhood trauma and neglect. To achieve the transformational change our communities deserve, research has identified protective factors, such as parental resiliency and children's social and emotional intelligence, that are the building blocks to help children function well at home, in school, and in the community. That is why Arden Shore is proud to serve over 1,500 individuals this year through its family-centered comprehensive programs aimed at addressing underlying challenges and improving quality of life for the entire household.

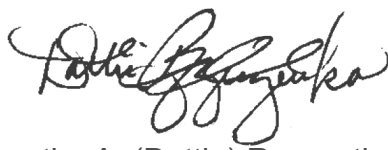
Rooted in the community for over 120 years, Arden Shore sees its role as an innovated leader, capable of bringing the community together to facilitate conversations that will shift from singular blame to a shared opportunity. We are energized by the progress Arden Shore has made towards achieving its vision this year. The organization remains poised to serve community needs with cultural and linguistic competence as the only bilingual provider of DCFS services in Lake County. Moving forward, Arden Shore will continue to train the next generation of mental health professionals in our community, implement best practice parent coaching strategies, and serve our community with comprehensive family-centered programming. With shared commitment from Arden Shore and its trusted supporters like you, Arden Shore programs can strengthen our communities with such impact that it will transcend generations.

This year, your support helped bring families together, making our community healthier and our future brighter. Thank you for being the shoulders on which others can stand. Thank you for being our partner in *Rebuilding Children's Lives*.

With sincere gratitude,



Dora E. Maya, Ph.D.
President and CEO



Dorothy A. (Dottie) Rzeszutko
Board Chair



Dora Maya, Ph.D.
President and CEO



Dorothy A. (Dottie) Rzeszutko
Board Chair

“Arden Shore is committed to the parents, the children, and the foster parents. I didn’t realize how hard they work to be everyone’s advocate.” -Parent

Foster Care Services

Arden Shore strives to help children recover and rebuild by working closely with foster parents to provide a nurturing home and stable environment. In cases where children are unable to live with their families, staff work diligently to provide a suitable home for each child. Understanding the importance that separated families keep connected, Arden Shore continues to exceed goals, making thousands of supportive visits to ensure active communication regarding parent challenges, therapeutic concerns, and other needs to help rebuild lives.

In FY19, Arden Shore helped 51 children find stability in a loving family home.

With the closure of other organizations’ foster care programming, Arden Shore is the only traditional foster care organization serving Lake County—ensuring these vital services are accessible to children and families in need.

Foster Parents of the Year



The Sepulveda Family

Jorge and Jill Sepulveda have been amazing foster parents throughout their 11 year foster parent career, fostering 14 children in their home. They have welcomed placement of children from various age groups, genders, and backgrounds. The Sepulvedas adopted two children, who they previously fostered, and they are currently fostering twin boys in an 8 child sibling group. Dedicated to help children flourish and grow, the Sepulvedas go above and beyond for the children in their care. In 2018, Jorge and Jill shared some magic with the siblings of the boys in their home—taking 7 children to Disney World to experience the *happiest place on the earth*. The spirit in which the Sepulvedas serve the foster community is awe inspiring and Arden Shore is humbled by their extraordinary commitment.



The Bethmann Family

Laurie and James Bethmann began their foster care journey in December of 2017. Providing a loving home to a child in need was deep in their hearts, and they knew that it would be a wonderful experience for their family. Early in 2018, Laurie and James took a chance and accepted placement of 8-year old twins. They provided a loving, stable home for the twins until the twins were reunited with their biological mother in December of 2018. To this day, they maintain a relationship with the twins and the twins’ mother. Later in 2018, Laurie and James accepted placement of a newborn baby girl, who still remains in Laurie and James’ care. With reunification as the main goal of foster care, it’s essential to have foster parents who partner in this goal and this is exactly what the Bethmanns have done along their fostering journey. Laurie and James have made a phenomenal contribution to Arden Shore community with whom they have shared their exceptional generosity.

Behavioral Health and Support Services

Therapeutic professionals work with adults, children and families to make sure they have the tools they need to heal from difficult situations like trauma, domestic violence, or substance abuse. Highly trained professionals provide individual and family therapy, substance abuse counseling, mental health assessments, and trauma-informed parenting groups. Arden Shore's culturally and linguistically competent Behavioral Health and Support Services (BHSS) are designed to reach unserved and underserved populations in the community who are at higher risk for mental and other behavioral health needs. Last year, among individuals served in Arden Shore's BHSS program, 77% were persons of color and 96% fell into HUDs "extremely low" to "low" income categories.

In FY19 two-thirds of behavioral health service clients realized an improved quality of life—reporting a meaningful improvement in areas such as relationships, education, housing situation, physical health, and mental health.

In addition to providing direct services to over 250 individuals last year, Arden Shore continues to strengthen the Lake County Mental Health Workforce through its robust internship program— training the next generation of the workforce to be prepared to address the needs of individuals throughout our community. The Behavioral Health team trains and supervises student interns from colleges and universities, including Loyola University, University of Chicago, Rosalind Franklin, and Chicago School of Professional Psychology to provide the practical experience they need to graduate ready to enter the workforce. Since the launch of this program in the spring of 2018, Arden Shore has hosted 29 interns. Arden Shore's interns have secured positions with Nicasa Behavioral Health, Catholic Charities, and the Lake County Health Department, as well as Arden Shore—increasing the capacity of Lake County's behavioral health expertise.

“Arden Shore gave me the help I needed to cope with anxiety and depression. I am now excelling in school and looking forward to college. Thank you, Arden Shore, for making a positive impact in my family and in my life.” —*Student*



“Arden Shore provided me with many clinical tools and skills that enabled me grow both personally and professionally. At Arden Shore, I was able to provide individual, family, and group therapy sessions to a diverse population.” —*Intern*

“Thanks to Arden Shore, I learned about self-worth. As a victim of domestic violence, Arden Shore has given me hope to be the person I never thought I could be.” —*Intact Client*

Intact Family Preservation Services

The Intact Family Preservation program is designed to keep families together. Arden Shore’s staff work with families who may be at risk of disruption or separation, providing parenting skills education, family advocacy, and support in the family’s home. Families choose to participate in these services voluntarily, with the goal to stay healthy, together, and thrive at school, at work, and other areas of their life.

Arden Shore continues to exceed programmatic goals, with 95% of families remaining together during Intact Family Preservation Service engagements. In 2019, 88 families completed the program—growing stronger as a family.

"The intact worker and supervisor at Arden Shore were a tremendous help to our family. They were a wonderful, caring and understanding team. We were having a difficult time navigating some family issues and they went above and beyond to steer us through a rough patch. We appreciate their help and we will remember the services they provided us as a positive experience. We would recommend their program to anyone in need of counseling." —*Parent*

Group Home for Youth

Arden Shore’s group home is a safe and caring environment where dedicated staff provide the support the children need to grow into healthy adults. Through 24-hour therapeutic support and structured activities, the home provides youth with opportunities to develop the skills necessary to live on their own, build resiliency, and overcome the effect of early childhood trauma.

Arden Shore makes sure each child has the education and support they need to develop their own gifts and talents. This year, youth in the Waukegan Group Home increased their school attendance through educational incentives provided by the program and staff.

Arden Shore’s group home is designed to support each youth’s positive transition towards independence. This year, 75% of youth who transitioned out of the group home were successfully placed in a more independent environment.



Donor Recognition

Gifts made for the 18 month period of July 1, 2018 – December 31, 2019

\$100,000 and Above

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Dan Perez

Save the Date

2020 Evening of Elegance

September 12, 2020 at 5:30 p.m.

The Sanfilippo Estate, Barrington Hills, IL

Join us at the renowned Sanfilippo Estate for an evening of dinner, cocktails, music and fun. Your support will change a child's life.

Visit ardenshore.com/events for details

Joyce Rainey
 Marisol and Sean Rasmussen
 Elizabeth and Jerry Rodosky
 John Rogers
 Thomas Rubenaker
 Theresa Schoenherr
 Sandy Schottle
 Michael Scipione
 Anne Marie and Bob Sherlag
 Lisa Shuma
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Fiscal Year 2019 Financials

July 1, 2018—June 30, 2019

Operating Revenue

Public Support	\$296,880
Program Revenue	\$4,099,584
Other	\$167,468
Total Operating Revenue	\$4,563,932

Operating Expenses

Program Expenses	\$3,679,397
Management & General	\$710,852
Fundraising	\$116,279
Total Operating Expenses	\$4,506,528

Operating Surplus/(Deficit) \$57,404

Other Changes in Net Assets

Depreciation	\$(74,603)
Investment Income	\$73,837
Investment Gain/(Loss)	\$83,591
Irrevocable Trust Gain/(Loss)	\$55,188
Non Operating Activity	\$138,013

Total Change in Net Assets \$270,020

Net Assets Beginning of year	\$5,411,085
Net Assets End of year	\$5,681,105

Every attempt has been made to include all donors correctly. Should you see a mistake or have questions, please contact us.

Thank you to our 2019 Evening of Elegance sponsors who joined Arden Shore to Rebuild Children's Lives!
We look forward to sharing in our successes yet to come.

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Mission

Arden Shore is committed to rebuilding lives affected by trauma and abuse in a caring community through foster care, family support, behavioral health services, and residential programs.

Values

We believe that children and families thrive in a safe and nurturing environment tailored to help them rebuild their emotional and physical well-being.

We believe that children and families are more likely to reach their full potential if they have the opportunity to participate actively in their planning and treatment.

We believe that it is our responsibility to create an environment which nurtures the inherent gifts and talents of children and their families.

We believe that all children and families are capable of learning and changing when they have the tools and support to make healthy choices.

We believe that the diversity of the children and families we serve and our staff and volunteers enriches and strengthens our ability to build well-being for everyone.

LICENSED BY:

Illinois Department of Children & Family Services

ACCREDITATIONS:

Council on Accreditation

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ARDEN SHORE
CHILD AND FAMILY SERVICES

Rebuilding Children's Lives Since 1898

Arden Shore Child and Family Services is a 501(c)(3) tax exempt non-profit organization.

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